



## BREAKFAST

### BASICS

- BAKERY BASKET** | Assorted Danish Pastries, Croissants, Muffins, Brioche
- SWISS BIRCHER MUESLI** | Apple, Pear, Banana, Citrus Segments, Walnuts, Honey
- MAPLE & PECAN GRANOLA** | Mixed Fruits, Berries, Nuts, Plain Greek Yogurt
- SELECTION OF COLD CEREALS** | Choice of Milk or Yogurt
- SEASONAL MIXED FRUIT PLATE**
- CHILLED PINK GRAPEFRUIT**

### CLASSICS

- EGGS AS YOU WISH\*** | Scrambled, Fried, Omelet, Soft Boiled, Poached  
Choice of sides: Bacon | Chicken or Pork Sausages | Breakfast Potato | Toast
- EGGS BENEDICT\*** | Canadian Bacon, Hollandaise, English Muffin
- EGG WHITE FRITTATA\*** | Garden Vegetables, New Potato, Wheat Toast
- BUTTERMILK OR BUCKWHEAT PANCAKES** | Plain, Banana, or Blueberries, Pure Maple Syrup
- BELGIAN MALTED BRUX WAFFLE** | Fruits, Whipped Sweet Butter, Pure Maple Syrup
- CINNAMON RAISIN BRIOCHE FRENCH TOAST** | Mixed Berries, Pure Maple Syrup
- OATMEAL PORRIDGE** | Raisins, Brown Sugar

### WATERSIDE SPECIALS

- SMOKED SALMON BAGEL \*** | Red Onion, Tomato, Capers, Cream Cheese
- CRAB OMELET \*** | Poached Dungeness Crab, Golden Corn, Green Peas, Aged Cheddar
- CROISSANT \*** | Prosciutto, Brie, Truffle Scrambled Eggs
- HOMEMADE CORNED BEEF HASH \*** | Poached Egg, Boston Baked Beans, Toasted Finn Bread
- STEAK AND EGGS \*** | 5oz Sirloin Steak, Two Fried Eggs, Country Fried Potato, Creamy Spinach

### SMOOTHIES

**THE SUNRISE**  
Carrot, Ginger, Orange

**THE GREEN FIELD**  
Spinach, Mint, Celery, Apple

**THE FRUIT GARDEN**  
Strawberry, Banana, Yogurt

\* United States Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.



## ALL-IN-ONE BREAKFAST

Convenient and delicious breakfast combinations created to cater to our guests-on-the-go. All combinations include coffee or tea and a glass of freshly squeezed juice of your choice.

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**THE CONTINENTAL** | Choice of Three Breakfast Pastries or Toasts, Preserves, Butter, Choice of Strawberries or Fruits

**THE EXCURSION** | \*Two Eggs any Style, with Breakfast Potatoes, Choice of Bacon, Chicken or Pork Sausages, Choice of Toast

**THE HEALTHY** | Gluten-Free and Fat-Free Muesli with a Selection of Seasonal Fruits  
\*Egg White Omelet with Organic Quinoa & Spinach, Toasted Vitamin Bread

**THE CHINESE** | Congee, Plain or with Chicken, Set of Condiments

**THE JAPANESE** | Miso Soup with Tofu

\*Grilled Salmon or \*Black Cod, Steamed Rice, Steamed Vegetables, Small Omelet, Japanese Pickles

## ADDITIONS

**SIDES** | Applewood Smoked Bacon, Turkey Ham, Slice of Smoked Salmon\*  
Breakfast Potatoes, Oven Roasted Tomatoes, Chicken or Pork Sausages

**DAIRY** | Low-Fat Cottage Cheese, Mild Cheese Plate

**YOGURT** | Fruit or Plain, Nonfat, Low-Fat, Sugar Free, Greek

**TOAST & BREAD** | Plain, Whole Wheat, Sour Dough, Rye, Finn Bread, Baguette, English Muffin

**CEREALS** | Cream of Wheat, Corn Flakes, Special K, Shredded Wheat, All Bran, Whole Wheat Total

**BAGEL** | Plain, Multi-Grain, Onion, Sesame, Everything  
*with Cream Cheese or Low-Fat Cream Cheese*

**PRESERVES** | Selection of Fine Jams & Marmalades, Honey, Sugar-Free Jam & Jellies

## BEVERAGES

**MEINL COFFEE** | Brewed Coffee, Decaf Coffee, Cappuccino, Latte, Americano, Espresso,

**CLASSIC BLACK & SCENTED TEAS** | Organic Darjeeling Happy Valley Windsor (English Breakfast)  
Organic Earl Grey Blue Blossom, Decaf English Breakfast, Assam Jamguri Organic,  
Rooibos Vanilla Cederberg Mountain

**ORGANIC GREEN TEA** | Organic Dragon Sencha, China Green Pure Chun Mee,  
China Green Jasmine, Ito-En, Maeda-En

**HERBAL TEA** | Organic Chamomile, Marrakesh Mint

**INFUSED TEA** | White Tea Fujian Peach, China Green Lemon Lime, Organic Asian Spirit Lemon Grass

**FRUIT FLAVORED TEA** | Fruit Symphony, Rose Apricot,

**MILK** | Hot Chocolate, Fresh, Nonfat, Low-Fat, Skim, Lactose Free, Soy, Buttermilk

**JUICE** | Orange, Apple, Grapefruit, Carrot, Tomato, Pineapple, Prune, Cranberry,  
Grape, V-8 Vegetable